

Camp Runels Packing List

PACKING LIST FOR ALL PROGRAMS

The packing list below applies to ALL programs at Camp Runels. The next page includes an additional list for specialty programs.

We suggest that families pack luggage in a plastic tote, plastic footlocker, or large duffel bag. It can be helpful to campers to pack complete outfits in Ziploc bags within their luggage. We suggest avoiding packing in suitcases, as they are hard to transport on camp terrain, or in many small bags as it is easier to miss luggage on outgoing days. Please do NOT pack in large, heavy-duty plastic toolboxes – they are too big for campers and staff to move, and it is a safety concern. Campers will help move their luggage on checkout days, so please pack accordingly.

Clothing – Bring enough for the full length of your stay at camp. Laundry facilities are NOT available.

- Shorts
- T-Shirts
- Underwear (bring extra)
- Socks (bring extra)
- Long Pants
- Long Sleeved Shirt or Sweatshirt
- 1-2 Bathing Suits
- Pajamas
- Warm Sweatshirt or Fleece
- Rain Gear – Jacket and Pants or a Poncho (Rain pants encouraged if you have them)
- 2 pairs of shoes (Sneakers or closed-toe sandals with a backstrap)
- Flip flops or water shoes for Waterfront and Shower
- Navy Shorts & White Shirt (Optional)
 - On Thursday evenings, the staff dresses up for dinner in “greenies” (green shorts and white polo shirts) as a throwback to the old camp uniforms. Campers are invited to bring and wear “navies” if they’d like to join the tradition!

Equipment

- Sleeping Bag or Sheets/Blanket to cover mattress
- Pillow
- Mess Kit or Plastic Plate, Bowl, Cup, & Silverware (*Not necessary for Daisy, Brownie, Junior or Cadette Samplers*)
- Flashlight
- Batteries
- Reusable Water Bottle – A MUST!!!
- Beach Towel
- Shower Towel
- Facecloth
- Soap & Shampoo/Conditioner
- Deodorant
- Toothpaste & Toothbrush
- Sanitary Products
- Sunscreen (SPF 15+)
- Insect Repellent
- Day Pack or Book Bag
- Bug Netting

Optional Items

- Paper, Addresses, and Stamps
- White Cotton T-Shirt to Tie-Dye
- Spending Money for Trading Post (Items range from \$2 - \$30). Consider depositing Trading Post money into the online account prior to camp beginning!

Many of the items listed above are available at the council shop located in Waltham.

ADDITIONAL EQUIPMENT TO BRING FOR SPECIALTY PROGRAMS

Please bring ALL items listed above AND the additional items listed below.

Front Country Travel Programs (Franconia Notch, Ultimate Adventure, White Mountain Wonders)

If you need to borrow equipment - please reach out to camp so we can help!

- Small duffel bag to pack for two nights off camp
- Sturdy Sneakers (no Converse style sneakers)
- Fleece Jacket or 100% Wool Sweater
- Waterproof Rain Jacket and Pants
- Warm Synthetic or Wool Hat
- Warm Gloves or Mittens
- Non-cotton compact sleeping bag (Camp will supply if needed. Please do not purchase one if you do not have it!)
- 2 1-liter durable water bottles or a water bottle and a bladder
- Compact lightweight sleeping pad (Optional)
- Ultimate adventure - water shoes or sandals for whitewater rafting

Backcountry Travel Program (Backpackers, On the Loose, Trailblazers)

The weather, temperature, precipitation can vary greatly at the locations our trip and travel programs go to. Temperatures can range from 30 – 90 degrees with rain, snow, wind, and of course, sunshine! Campers **MUST** be prepared for ALL weather possibilities. This is for both their safety and enjoyment of their trips. **Please do not send your camper with cotton clothing.** Cotton does not dry quickly, becomes heavy when wet, and results in cold campers. **ALL items on these lists must be brought to camp.** Please contact camprunels@gmail.com with any questions or needs you have regarding packing for overnight trips. If you need to borrow equipment - please reach out to camp so we can help!

- Sturdy Sneakers (Trailblazers ONLY – no Converse style sneakers)
- Hiking boots – Make sure to break in your boots before camp! Required footwear for Backpackers and On the Loose.
 - Sneakers ARE NOT hiking boots.
 - Please contact camp prior to July 1st with a shoe size to see if we have boots available to borrow.
- 2-3 Pairs wool or synthetic socks (No cotton!)
- Non-cotton/synthetic T-shirts (2-3 for Trailblazers and Backpackers; 4-6 for Mountain Trekkers and up)
 - Non-cotton/synthetic pants (1-2 pairs for Trailblazers and Backpackers; 2-3 pairs for Mountain Trekkers and up). Zip-off are fine
- 1 Box gallon size plastic freezer bags (i.e. Ziplocs)
- Fleece Jacket *or* 100% Wool Sweater
- Waterproof Rain Jacket **and** Pants
- Warm Synthetic or Wool Hat
- Warm Gloves or Mittens
- 1 set (long sleeve top and long pant bottom) synthetic or wool long underwear/base layer
- Non-cotton compact sleeping bag (Camp will supply if needed. Please do not purchase one if you do not have it!)
- 2 1-liter durable water bottles or a water bottle and a bladder
- Frame backpack (Camp will supply if needed. Please do not purchase one if you do not have it!)
- Compact lightweight sleeping pad (Optional)